

# EXPANSION UPDATE

Week of November 8, 2009

## Updates

Exterior work continues on the Fitness Expansion Center site. Prep work continues for the foundation, with concrete walkways now removed from the area. Exterior work will continue this week and the amount of noticeable construction is expected to increase. For those using the cardio equipment that has been moved to the hallway we now have two televisions installed with Cardio Theater, so that you can view television in that area.



## What to Expect

### Next Week:

- Continued foundation work.
- Beginning Sunday November 15, interior work will occur near the Southeast corner of the Fitness Room. A plastic barrier will be put up in this area to block off the construction area and prevent any dust and debris from entering the workout area. Most of the loud work will be done overnight, but there will be some work and noise occurring during the day as well. We apologize for this inconvenience.

### Near Future:

- Foundation slab should be poured in the next two weeks.

## Impacts to Members

The interior work should only last for about a month or so, but during this time there will be some noise as well as black plastic around the areas that the work will be occurring. Three pieces of the Cybex strength equipment will be relocated in the Fitness Room, to provide room for the interior work to occur.

The relocation of equipment and reduced parking outside the facility will continue to be an impact throughout construction.

## Tell Us What You Think

While we anticipate some impacts during construction, the staff at the CRC is committed to mitigating these impacts as much as possible. Let us know how we are doing, by filling out a comment card, talking to our staff, or emailing us at [chris.ghione@mhcrc.com](mailto:chris.ghione@mhcrc.com). We really feel the final project will be "worth the weight".